

## **U11 / U12 – 9v9 Rules**

### **Roster Size**

No more than 16 players (but only 14 for cup qualifying teams / games) should be on the roster.

### **Heading**

Deliberate heading is NOT allowed in U11 games.

If a player deliberately heads the ball in a game, an indirect free kick should be awarded to the opposing team from the spot of the offense.

If the deliberate header occurs within the goal area, the indirect free kick should be taken on the goal area line parallel to the goal line at the nearest point to where the infringement occurred.

Heading is allowed in U12 games without limitations.

## **Modified laws of the Game**

### **Law 1 - Field of Play**

- 70-80 yards (length)
- 45-55 yards (width)
- Goals should be no larger than 7 feet (height) x 21 feet (width).
- Players should be 8 yards away from all free kicks.

### **Law 2 – Ball**

- Size 4

### **Law 3 – Players**

- 9v9 (8 field players and 1 goalkeeper)
- Game may not start or continue if there are less than 6 players on a team.
- Substitutions are unlimited and can occur at any stoppage.

### **Law 5 – Referee**

- Minimum certification as a U.S. Soccer Grade 9 Referee

### **Law 6 – Other Match Officials**

- Used at the discretion of the competition

### **Law 7 – Duration of the Match**

- 2 halves
- 30 minutes halves
- 5 minute halftime
- No added time

## **Standard Laws of the Game**

Law 4 – Players' Equipment

Law 8 – Start and Restart of Play

Law 9 – Ball In and Out of Play

Law 10 – Method of Scoring

Law 11 – Offside

Law 12 – Fouls and Misconduct\*

Law 13 – Free Kicks

Law 14 – Penalty Kicks

Law 15 – Throw-in

Law 17 – Corner kick

\*With the exception of deliberate heading in U11 games